



Student Health Services

If Your child is showing the below symptoms that could be COVID-19. Please contact School Attendance.

Low Risk Symptoms:

- Headache
- Body Aches
- Runny Nose/Congestion
- Nausea/Vomiting
- Diarrhea
- Swelling or Redness of Hands/Feet
- Rash

High Risk Symptoms:

- Fever (100.0)
- New Cough
- Shortness of breath
- Loss of taste/smell
- Chills
- Sore Throat

In accordance with the Department of Health (DOH) and Department of Education guidelines, the following must be done for return to school:

- 1) If a COVID-19 test is done and the result is positive:** Notify your child's school as soon as possible. A home test is acceptable for positive tests only. Students who are positive must isolate for 5 full days. They can return on Day 6 as long as symptoms have improved and they are fever free for 24 hours. If a home test is performed report it to the DOH by going to <https://healthcalls.monroecounty.gov/hometest>.
- 2) If the student was seen by a provider and no test was done, however an alternative diagnosis was made:** The student may return to school with the provider's note and fever free for 24 hours without medication and improved symptoms.
- 3) If a COVID-19 test is done and the result is negative:** The student must produce proof of a lab confirmed negative test (from provider or copy of test results, home test cannot be accepted) and be fever free for 24 hours without medication and improved symptoms.
- 4) If the student was not tested for COVID-19 and did not see a provider:** The child may return to school after 5 days have passed since symptom onset, 24 hours fever free without medication, and symptoms have improved.

Most people have mild illness and are able to recover at home. If any of the following symptoms develop, call 911 for immediate assistance:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake up or stay awake
- Bluish lips or face

While sick, stay home, get plenty of rest and stay hydrated. Avoid being around others to stop the spread of infection.

Others in the household who have been in close contact should be tested especially if they have symptoms. Please visit the Monroe County Department of Health Website for local testing sites.

<https://www.monroecounty.gov/health-covid-19-testing>